

EMCA Environmental Action Guide Note

Environmental Management & Community Awareness

A quick guide for everyday action in your home, school, workplace, or community.

1. Reduce waste at the source

- Carry a reusable bottle, bag, and food container whenever possible.
- Separate recyclables and compostable organic waste before disposal.
- Choose repair, reuse, and sharing before buying new items.

2. Protect water and soil

- Keep plastics, oil, chemicals, and medicines out of drains and waterways.
- Plant native trees and ground cover to reduce erosion and heat.
- Report dumping, blocked drainage, and pollution risks early.

3. Save energy and cut emissions

- Switch off unused lights, chargers, and appliances.
- Walk, cycle, share transport, or use public transport where safe.
- Cook, cool, and ventilate efficiently to reduce fuel and power demand.

4. Mobilize your community

- Start with one visible action: a cleanup, tree-care day, or waste sorting point.
- Involve youth, women, local leaders, schools, and nearby businesses.
- Track what changes, share lessons, and invite others to join.

Simple weekly pledge

This week I will choose one action, invite one person, and protect one shared space.

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